



pizzas

veg  IDEA!
PLANT BASED

Nutrition Facts

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PLANT BASED

WITHOUT
LACTOSE

PRE-COOKED PIZZA DOUGH · GLUTEN-FREE



Ingredients

water, cornstarch, cassava starch, potato starch, yeast, sunflower oil, sugar, fine salt, CONS INS 282.



**VEGAN
FOOD**

NUTRITIONAL FACTS

30g (1/6 of pizzeta) - Portions for container: 12

	Each 100 g	Portion	% VD portion (*)
Energy	211 kcal = 886 kJ	63 kcal = 266 kJ	3
Carbohydrates	39 g	12 g	4
Protein	3,4 g	1,0 g	1
Total Fats	4,1 g	1,2 g	2
- Saturated	0,5 g	0,1 g	-
-Trans	0,0 g	0,0 g	-
- Monounsaturated	0,9 g	0,3 g	-
- Polyunsaturated	2,5 g	0,7 g	-
Cholesterol	0,0 mg	0,0 mg	-
Fiber	2,1 g	0,6 g	2
Sodium	470 mg	141 mg	6



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PREPIZZA CAULIFLOWER

CAULIFLOWER DOUGH FOR PIZZAS • GLUTEN-FREE



Ingredients

water, cauliflower flour, cornstarch, cassava starch, potato starch, yeast, sunflower oil, sugar, fine salt, CONS INS 282.



NUTRITIONAL FACTS

30g (1/6 of pizzeta) - Portions for container: 6

	Each 100 g	Portion	% VD portion (*)
Energy	227 kcal = 954 kJ	68 kcal = 286 kJ	3
Carbohydrates	41 g	12 g	4
Protein	5,5 g	1,7 g	2
Total Fats	4,0 g	1,2 g	2
- Saturated	0,4 g	0,1 g	1
- Trans	0,0 g	0,0 g	-
- Monounsaturated	0,7 g	0,2 g	-
- Polyunsaturated	2,1 g	0,6 g	-
Cholesterol	0,0 mg	0,0 mg	-
Fiber	4,8 g	1,4 g	6
Sodium	454 mg	137 mg	6



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